



# JOIN CSH SEPTO WE'RE HERE TO HELP

We are a district-wide Parent Teacher Organization comprised of parents, teachers, and administrators who not only support a greater awareness of special education but also seek to improve all children's academic and social experiences.

Our collaboration with the district to advance the quality and delivery of special education services in the CSH district enables us to be a strong advocate for the Special Education Community.

We provide lectures and workshops ranging from preparing for your child's IEP to Mental Health subjects, Growth Mindset, and Executive Functioning. Our presentations lend themselves to open discussions with district faculty, administration, and fellow parents that drive a better sense of community when dealing with tough subjects. SEPTO is for EVERYONE!

Dues support a wide variety of programs within the CSH School District, such as: presentations and discussions on important topics affecting our children, Scholarships for graduating Seniors, Teacher Wish Lists, Special Education Staff Appreciation Luncheon, LHS HW Club and Friendship Clubs.

Please return this form with cash or check made out to: Cold Spring Harbor Special Education Parent Teacher Organization (not SEPTO) and submit to your child's teacher OR school and write SEPTO on the envelope. Payments can also be made via PayPal at: [paypal.me/cshsepto](https://paypal.me/cshsepto) or if you have the app, through the QR code displayed below.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

School(s): \_\_\_\_\_

**MEMBERSHIP DUES  
\$30.00 PER FAMILY ANNUALLY**





# SEPTO Schedule

## Let's Learn Together!

<p><b>Tuesday, September 19th, 9:45 am</b></p>	<p><b>SEPTO Meet &amp; Greet:</b> A special opportunity to meet all the Special Education &amp; Pupil Personnel Staff at the very start of the school year. Hear about all that is available to your child and how SEPTO is here to help parents of all students at CSH. Refreshments will be served!</p>
<p><b>Tuesday, October 17th, 9:45 am</b></p>	<p><b>Ask The Professionals: Panel Discussion/Q&amp;A:</b> A Round table, casual discussion with specialists including BCBA, SLP, OT, Psych. &amp; Special Education.</p>
<p><b>Thursday, October 19th, 7:00 pm</b></p>	<p><b>FOCUS/SEPTO Event - Stay tuned for more info!</b></p>
<p><b>Tuesday, November 28th, 9:45 am</b></p>	<p><b>Understanding the IEP &amp; Prepping for Annual Reviews:</b> An opportunity to discuss your concerns regarding annual reviews and hear directly from JR/SR High students with IEPs and 504s about what worked and what didn't work for them.</p>
<p><b>Wednesday, February 7th, 7:00 pm</b></p>	<p><b>College Information Night</b></p>
<p><b>Tuesday, February 13th, 9:45 am</b></p>	<p><b>Mental Health Panel Discussion:</b> District Psychologists &amp; Social Workers available to help answer your questions about issues surrounding anxiety, behavior issues, and other concerns</p>
<p><b>Tuesday, March 5th, 9:45 am</b></p>	<p><b>Supporting Your Child's Social Emotional Development: Navigating Social Challenges Successfully &amp; Growth Mindset</b> Join us to hear from school psychologists discuss this incredibly important topic.</p>
<p><b>Thursday, March 19th, 7:00 pm</b></p>	<p><b>FOCUS/SEPTO Event - Stay tuned for more info!</b></p>
<p><b>Tuesday, April 30th, 9:45 am</b></p>	<p><b>Working Together to Foster Independence:</b> Learn more about how to support your child's executive functioning and independence to help develop strong studying skills, time management, and more before finals, summer jobs, and transitions to new schools.</p>

### CSH SEPTO Board 2023-24

Maggie Lovett, President | Suzanne Adelhardt, Vice President | Diana Gileno, Secretary | Debra Aviles, Treasurer  
 Paula Shapiro, Membership/Fundraising | Kristen Choi and Shawna Thompson-Cean, Communications  
 Irina Miretskiy, LH Homework/Friendship Club Co-Coordinator

**Questions? Email us at [cshsepto@gmail.com](mailto:cshsepto@gmail.com)**