

## CPC Chair Report for January 19, 2023

Welcome to the first CPC meeting of 2023! Even though the year is less than three weeks old, amazing things are underway in our district. The administration has been on the lookout for unifying, community-wide events—and though they've been announced in other PTG or BOE meetings, I'll briefly review them here.

It was announced in December that 2000 daffodils will be planted throughout the school district building campuses for a project called “Petals for Peace” to promote kindness and goodwill throughout our district. We look forward to seeing the flowers bloom in early spring which will also be around the time of Holocaust Remembrance Day in April.

The administration is hosting a Parent University in the PAC on Tuesday, January 24 (just a few days from now!) from 6:45 to 9:15. The keynote speaker, Dr. Stephen Dewey, will discuss addictions and the adolescent brain. What's more, attendees will be able to sit in on two breakout sessions on their topics of choice.

We have the brand-new fitness center opening up at the junior/senior high school. Booster club members and donors will attend a soft opening on 1/31, and shortly after that there will be an introductory opening for all families to view the new facility. After the February break, all junior and senior high school students will have access to the fitness center, regardless of whether they belong to a sports team. The center will be supervised by adults at all times; some PE classes in the near future will be devoted to training the students in how to use the equipment safely and effectively.

Another community event that the administration is introducing is the K-Grade 8 STEAM night on Tuesday, February 7th. Students will be able to engage in hands-on activities with their families.

On Thursday, March 9, the field house at the junior/senior high is going to be the place to be. We are fortunate to the first annual Sports Night, in which faculty and staff will be competing in Field Day- like activities. Come root for your teachers!

If you are someone who is at today's meeting, chances are that you are a very involved parent. It is hard, even as devoted caregivers, to know how much to do for our kids versus how much autonomy to give them and in what ways. Today we'll hear a presentation by CSH school psychologist Suzanne Main regarding how to foster resilience in our kids.

*Jennifer Kornreich Cahn*